**Help create better mental health services for people living in City & Hackney**

**Become a Mental Health Peer Mentor**

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| **Role title:** Mental Health Peer Mentor | **Reporting to:** Mental Health Peer Mentoring Coordinator |
| **Commitment:** 6 months | **Hours:** 2 – 4 hours a month |
| **Payment:** £10/hr | **Closing date:**  Monday 10th September (rolling)  **Informal interview:**  Week commencing Monday 10th Sept |

**The Advocacy Project**

The Advocacy Project makes sure the most vulnerable people in London have meaningful choice and control over what happens in their lives – particularly people with learning disabilities, mental health issues, older adults and dementia. With a long tradition of working with adults and older people, we have now extended our scope and are undertaking invaluable work with children and young people. Find out more about us at [www.advocacyproject.org.uk](http://www.advocacyproject.org.uk).

**Role purpose**

**Mental Health Voice**, is a user led project working with people in Hackney and City of London.

We are looking for people with lived experience of mental illness to become Peer Mentors, working to enable others to have a voice and use their own personal experiences to support mentees.

**Key responsibilities:**

Mental Health Peer Mentors will:

* provide support and actively listen to mentees, impacting and facilitating change
* work with mentees to encourage them towards achieving their goals
* draw on your own experience to create a meaningful working relationship

and work in a confidential manner

* signpost mentees to other organisations in City and Hackney.

**Person specification:**

People who:

* have lived experience of mental illness and live within City & Hackney
* are over 18 years old
* mentors need to have lived without the support of a crisis service for 6 months (please contact me if you would like to discuss this or ask any questions).
* are responsible, respectful and understanding of other people’s beliefs.
* have good listening skills and can use their own experiences to support someone else, in a respectful manner.
* enjoy other peoples company.

**We can offer you the following:**

* a member of staff based in City and Hackney will support all peer mentors
* an opportunity to build on confidence and enhance self esteem
* training to carry out the role
* an opportunity to try something new and develop new skills
* meet new people and find out about new opportunities within the community.
* references which can be put on CVs
* a DBS check.

**How to apply**

Please send the application form and equal opportunities form to [hr@advocacyproject.org.uk](mailto:hr@advocacyproject.org.uk) or the address below by Monday 10th September.

Interviews will take place the week commencing Monday 10th September.

Abigail Seckley

The Advocacy Project

73 St Charles Square

London

W10 6EJ

For more information about the role or to request a paper application form, please call **020 3960 7910**.

Those that meet the criteria listed above will be asked to meet with the Mental Health Peer Mentoring coordinator and two members of the User Leadership Committee for an informal interview and to complete a DBS application.